

RISE & SHINE

Breakfast Sandwiches

- Choice of:
- Buttermilk Biscuit 2.25
 - Parkerhouse Roll 2.25
- Add:
- Benton's Bacon +2
 - Turkey Sausage +2
 - Egg [scrambled with milk, baked to fit] +.50
 - NY Sharp Cheddar +1
 - J. Baker Pimiento Cheese +2

Just Baked

Made Daily,
When We're Out, We're Out
Cornbread, Croissants,
Savory & Sweet Scones,
Pralines, Brownies,
Coffee Cake, Cookies,
Breakfast Bar, Muffins,
Snickerdoodles,
GF Chocolate Crack
Cookies, Rice Krispies
& much more!

- Final Hour Bake Sale
2 for the Price of 1
1 hour before closing

Sunrise Specials

Carefully Sourced & Prepared

- GrasNOLA 4
our seasonally
changing granola
[contains nuts and
dried fruit]
"wet" with milk +1
- Beignets {Ben-yays!} 3
"donut of New Orleans"
{3} fried in 100%
refined peanut oil

- Steel Cut Irish Oats 4
topped with raisins
& Steen's Louisiana
Cane Syrup

- Natural Yogurt 4
whole milk yogurt
seasonal fruit +1.50
granola +1.25

- Avocado Benedict 8
soft poached egg,
avocado, oven-cured
cherry tomatoes, crispy
tater tots, & lazy man's
hollandaise

{ Extras Donated to PathForward -
Empowering People from Streets to Stability }

Breakfast Hours 7AM-11AM

LUNCH

DAILY SAMMIES

ADD ON: Zapp's Chips and local Gordy's Hot Chili Spears Pickles +2

THE MUFF-A-LOTTA 10
salami, mortadella, ham, provolone, olive salad, toasted sesame seed Italian roll

Smoked "Douille" Dog 9
local andouille sausage, creole mustard slaw, toasted split bun

J. Baker Pimiento Cheese {Grilled} 7
slightly warm outside, cold center, on white bread

Roasted Chicken Salad 8.50
alfalfa sprouts, avocado, toasted whole wheat

Bayou BLT 10
Benton's bacon, oven-cured tomatoes, baby greens, mayo, toasted white bread

The Arm Drip 9.50
our roast beef po boy - sliced roast beef in gravy, sautéed sweet onions, mayo, swiss cheese, Leidenheimer bread

Mr. T 9.25
sliced all-natural turkey, baby greens, pepper jack, creole aioli, toasted honey grain

Seasonal Veggie-ville 9
sun-dried tomato pesto, broccoli rapini, parmesan cheese, toasted sesame seed bun

NOT SANDWICHES

Daily Quiche Plate 9
served with heritage mixed greens and balsamic vinaigrette

Avocado Toast 9
lightly toasted cast-iron sour dough bread, smashed avocado, arugula, radish, crispy faro, lemon and red pepper vinaigrette

Cheesy Mac 7
"feel good" fillings change daily

SOUPS & GREENS

Gumbo 6 cup / 9 bowl
smoked sausage, chicken, rice, green onion

Seasonal Soup 5 cup / 7 bowl

ADD ON TO ANY SALAD:
5-ounce roasted chicken breast +3
chilled poached gulf shrimp +4

Your Daily Greens 9
heritage blend of lettuces, sliced apples, candied-spiced pecans, local chèvre cheese, balsamic vinaigrette

Da Bayou Chopped 10
chopped romaine, crumbled blue cheese, Benton's bacon, avocado, chopped egg, oven-cured tomatoes, radish, mustard vinaigrette

All "Kale" Caesar! 8
romaine hearts, kale, parmesan cheese crisps, caesar dressing
try it "Bloody" with bacon & oven-cured tomatoes +2

LITTLE Y'AT SAMMIES

All Beef Dog 4
Turkey Melt 5.25
Grilled Cheese 4
Add Danish ham +1.25

SIDES

J. Baker's Pimiento Cheese & Ritz crackers 6

"Not My Mom's" Deviled Eggs {3} 4
"pig & peño style" - bacon & pickled jalapeño +1

Creole Cream Cheese & Pepper Jelly 8
2 buttermilk biscuits

Blackened Turkey Meatballs 6
oven-roasted tomato sauce, parmesan

Spinach Madeline 5
A NOLA classic - spicy cream spinach dip, served with corn chips

Beignets {"Ben-yays"! 3
the doughnut of New Orleans {3}
fried in 100% refined peanut oil

Lunch Hours 11AM-3PM